

Mindful

1, 2, 3

*coloring book*

by Tamara Hackett  
Sweet Clover Studios

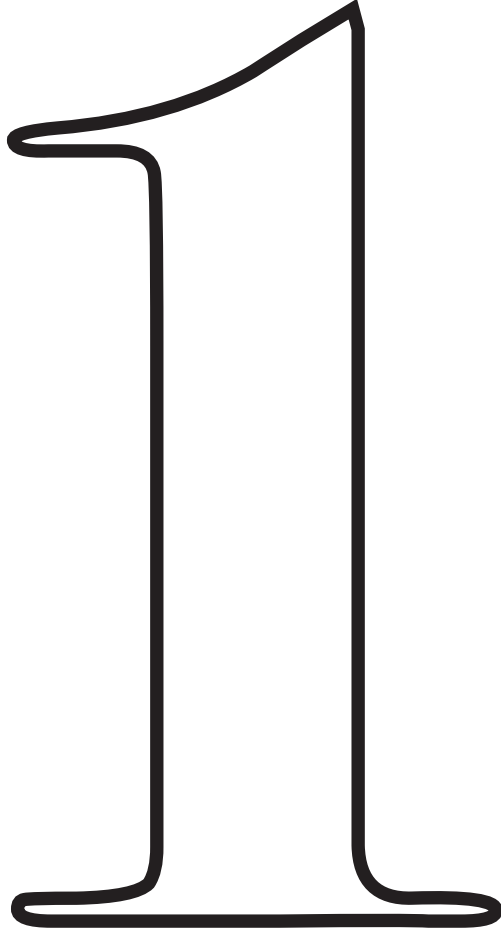
# Welcome to the Mindful 1,2,3 Coloring Book!

In the following pages you will find the number 1 - 10 with the written word beneath. The intent of this book is to provide a simple and fun way to continue to experience numbers, counting and sequencing beyond children's book Mindful 1,2,3 (where you will find further exploration of concepts). To continue the experience - I suggest some of the following activities (being mindful of the age and developmental level of the child):

1. Read the word under the number and have a chat about it. You can use it to count objects in the room or give the child more visual experience with the number itself.
2. Gather various coloring materials (crayons, markers, stamps, pencil crayons, paint, etc) and experiment with technique and color combinations. Try creating patterns, mixing colors, shape making within number and using various pressure with the marking tool.
3. Use the paper as a guide to practice writing the number.
4. Explore texture by having the image printed on different type of papers and hang as artwork!
5. Use negative space: Have the child color around the words and numbers.
6. Do a collaborative project and color with the child. Coloring together can be a quiet moment together or an opportunity to talk.

Lastly - Please enjoy! For more by Sweet Clover Studios & Tamara Hackett please visit [www.tamarahackett.com](http://www.tamarahackett.com)

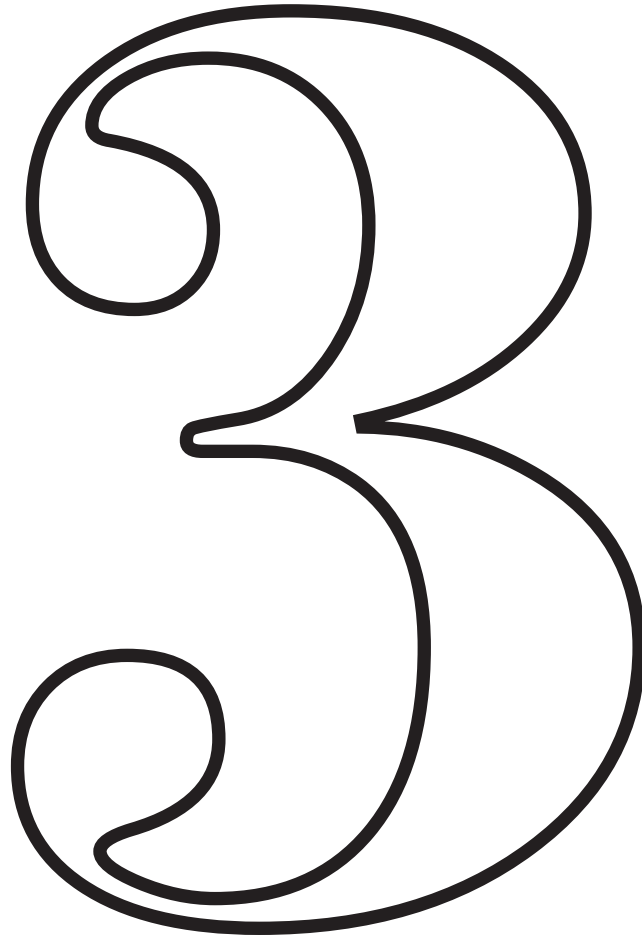
Please note: As with all coloring activities it is not meant as a replacement/limitation for personal exploration of creativity or artistic expression.



ONE



TWO



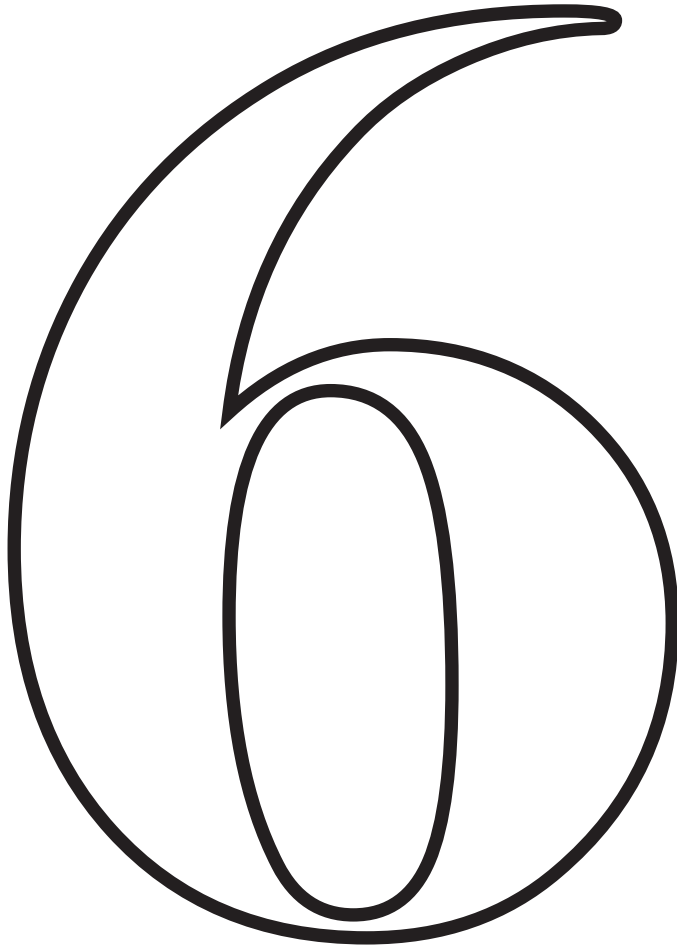
THREE



FOUR

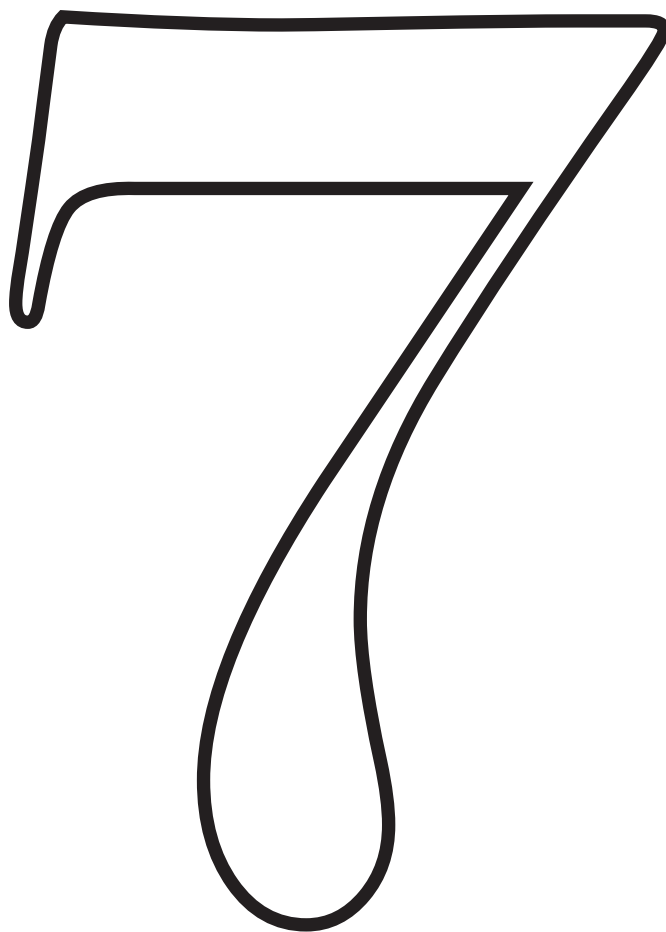


FIVE

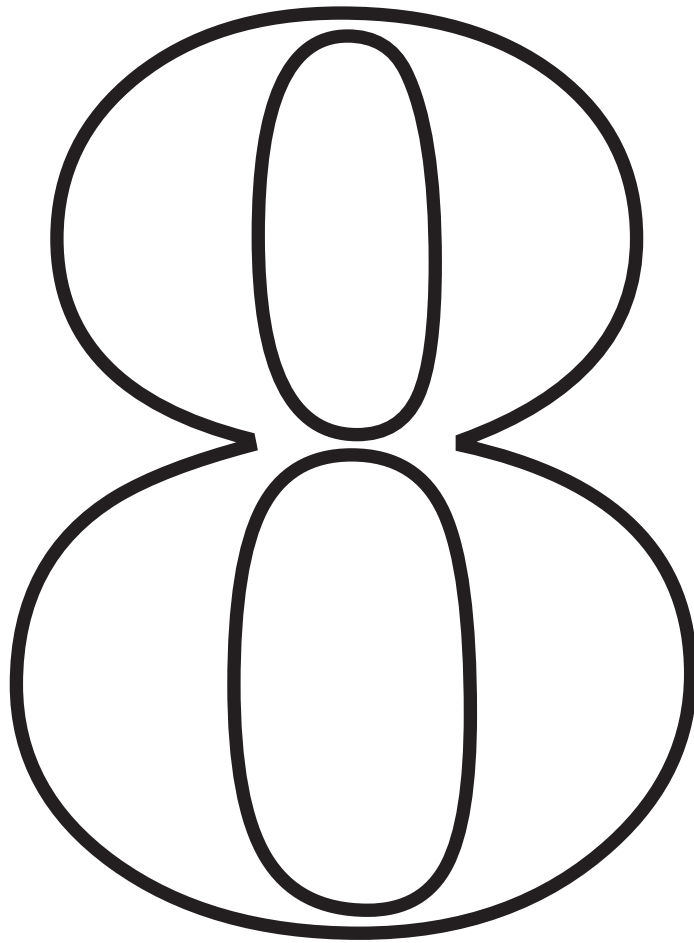


SIX





SEVEN



EIGHT



NINE

10



TEN

1

2

3

4

5

6

7

8

9

10